



FINISH the JOKE

What do you call a cow
that's out of this world?

TRIVIA?

1. On average, how many hours in a 24-hour day do dairy cows spend resting?

- a) 2-4 Hours
- b) 6-9 Hours
- c) 12-14 Hours
- d) None, cows don't rest

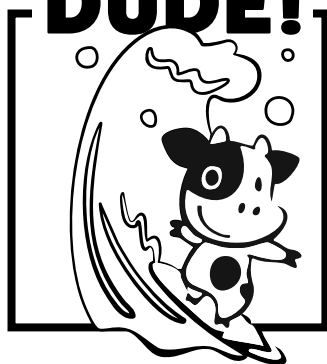
2. Milk really does help ease the burn from spicy foods.

- a) True
- b) False

3. Which dairy product is proven to refuel tired muscles after physical activity?

- a) Cheddar cheese
- b) Chocolate milk
- c) Greek yogurt

COWABUNGA DUDE!



Finish the story in 3 panels!



Turn in your completed sheet to your school's Food Service Director.